



The Federal Nutrition Programs in Somerset County

The federal government's nutrition programs – the Food Supplement Program, School Lunch, School Breakfast, Summer Food, the Child and Adult Care Food Program, and WIC – provide healthy and nutritious food to hungry Marylanders. According to the most recent census data, Somerset County has a poverty rate of 16.9% and a childhood poverty rate of 20.5%. (ACS 2011, 3 year estimates)

- **The Food Supplement Program** (formerly the Food Stamp Program) provides assistance to help low-income families buy food and eat healthy. The program provides a monthly sum of money on an Electronic Benefit Transfer (EBT) card to be used, like a debit card, at most grocery stores and other food retailers.

| One Month Increase | | | | |
|--------------------|----------|-----------|----------|----------------|
| County/State | May 2014 | June 2014 | Increase | Percent Change |
| Somerset | 5,969 | 5,951 | - 18 | - .3 |
| Maryland | 785,929 | 788,913 | 2,984 | .4 |

| One Year Increase | | | | |
|-------------------|-----------|-----------|----------|----------------|
| County/State | June 2013 | June 2014 | Increase | Percent Change |
| Somerset | 6,050 | 5,951 | - 99 | - 1.6 |
| Maryland | 782,926 | 788,913 | 5,987 | 80.0 |

| Five Year Increase | | | | |
|--------------------|-----------|-----------|----------|----------------|
| County/State | June 2009 | June 2014 | Increase | Percent Change |
| Somerset | 4,224 | 5,951 | 1,727 | 40.9 |
| Maryland | 478,023 | 788,913 | 310,890 | 65.0 |

- **The School Breakfast Program** provides nutritionally balanced breakfasts to children each school day. Children are eligible for free, reduced, or paid breakfasts based on their families' incomes. Any public school, charter or nonprofit private school of high school grade or under, can participate in the National School Breakfast Program. Public or nonprofit private residential child care institutions may also participate in the School Breakfast Program.

**2012-2013 School Year
Low-Income Student Participation in School Lunch (NSLP) and School Breakfast (SBP)**

| County/State | F&RP NSLP Students | F&RP SBP Students | F & RP Students in SBP per 100 in NSLP | Rank in State | Additional Low-Income Students in Breakfast if 70 per 100 in Lunch | Additional Federal Funding if 70 Low-Income Breakfast Students per 100 Receiving Lunch |
|--------------|--------------------|-------------------|--|---------------|--|--|
| Somerset | 3,534 | 1,268 | 87.5 | 2 | - 253 | \$- 69,018 |
| Maryland | 263,840 | 149,274 | 56.6 | | 48,634 | \$12,943,493 |

2012-2013 Maryland Meals for Achievement Program

| County/State | Total # of Schools in District | # of Schools Eligible for MMFA | % of Schools Eligible for MMFA | # of Schools Participating in MMFA | % of Eligible Schools Participating in MMFA |
|--------------|--------------------------------|--------------------------------|--------------------------------|------------------------------------|---|
| Somerset | 10 | 10 | 10.0 | 4 | 40.0 |
| Maryland | 1,437 | 826 | 54.8 | 284 | 34.0 |

**Does not include non-public schools*

- **The National School Lunch Program** has been serving lunches in schools since 1946. Children can receive lunches for free, at a reduced price or at full price. Any public school, charter or nonprofit private school of high school grade or under, can participate in the National School Lunch Program. Public or nonprofit private residential child care institutions may also participate in the Lunch Program.

| School Year 2013-2014 (October 31, 2013) | | | | | |
|---|-------------|----------------|-------------|-------------------|-----------------------------------|
| County/State | Free | Reduced | Paid | Enrollment | F&R as % of Enrollment |
| Somerset | 1,965 | 163 | 812 | 2,940 | 72.4 |
| Maryland | 331,613 | 52,039 | 484,816 | 867,468 | 44.1 |

| School Year 2012-2013 (October 31, 2012) | | | | | |
|---|-------------|----------------|-------------|-------------------|-----------------------------------|
| County/State | Free | Reduced | Paid | Enrollment | F&R as % of Enrollment |
| Somerset | 1,920 | 202 | 843 | 2,965 | 71.6 |
| Maryland | 316,012 | 53,315 | 491,357 | 860,684 | 42.9 |

- **Women, Infants, and Children (WIC)** is a nutrition program that provides nutritious foods, nutrition education, and access to health care to low-income pregnant women, new mothers, and infants and children. The monthly WIC food package is a combination of foods chosen to improve nutrition for pregnant women, new mothers, and their infants.

WIC Participation

| County/State | June 2013 | June 2014 | Percent Change |
|-----------------------------|------------------|------------------|-----------------------|
| Somerset/Wicomico/Worcester | 5,446 | 5,165 | - 5.2 |
| Maryland | 151,965 | 149,028 | - 1.9 |

**Caseload not closed for the month*

- **The Summer Food Service Program** fills the nutrition gap for children (ages 18 and under) who depend on school lunch and breakfast during the school year by providing free, nutritious meals and snacks. The Summer Food Service Program provides reimbursements to summer sites that serve meals and snacks, which must meet federal dietary guidelines and be free of charge to children.

| County/State | # of Summer Agencies | # of Summer Sites | Summer 2013 Participants | School Year 2012-2013 F&RP Lunch Students | F&RP Students in Summer 2013 per 100 in School Year 2012-2013 Lunch | Rank |
|---------------------|-----------------------------|--------------------------|---------------------------------|--|--|-------------|
| Somerset | 2 | 10 | 456 | 1,450 | 1450.2 | 2 |
| Maryland | 57 | 1,888 | 51,627 | 263,841 | 19.0 | |

If State Reached a Ratio of 40 Children in Summer Nutrition per 100 in School-Year NSLP

| County/State | Total Children Who Would be in July Summer Nutrition | Additional Children Reached | Additional Federal Reimbursement State Would Receive |
|---------------------|---|------------------------------------|---|
| Somerset | 124 | - 331 | \$ 9,346 |
| Maryland | 111,054 | 59,427 | \$4,376,679 |

- **At-Risk Afterschool Meal Program** - helps bridge the hunger gap for children who participate in afterschool programs. The At-Risk Afterschool Meal Program provides federal funds to private nonprofit and public organizations (including schools) so they can serve nutritious snacks and meals as part of afterschool programs.

| County/State | # of Afterschool Agencies | # of Afterschool Sites | # of Eligible Schools | Children Participating Daily 2012-2013 | Total Meals Served 2012-2013 |
|---------------------|----------------------------------|-------------------------------|------------------------------|---|-------------------------------------|
| Somerset | 1 | 4 | 10 | 276 | 27723 |
| Maryland | 44 | 593 | 673 | 24008 | 1978298 |

To learn more about these programs and their impact for Maryland, visit our Web site at www.mdhungersolutions.org.



Maryland Hunger Solutions

Ending hunger and promoting well-being