



## The Federal Nutrition Programs in St. Mary's County

The federal government's nutrition programs – the Food Supplement Program, School Lunch, School Breakfast, Summer Food, the Child and Adult Care Food Program, and WIC – provide healthy and nutritious food to hungry Marylanders. According to the most recent census data, St. Mary's County has a poverty rate of 7.6% and a childhood poverty rate of 10.5%. (ACS 2011, 3 year estimates)

- **The Food Supplement Program** (formerly the Food Stamp Program) provides assistance to help low-income families buy food and eat healthy. The program provides a monthly sum of money on an Electronic Benefit Transfer (EBT) card to be used, like a debit card, at most grocery stores and other food retailers.

One Month Increase				
County/State	May 2014	June 2014	Increase	Percent Change
St. Mary's	14,362	14,467	105	.7
Maryland	785,929	788,913	2,984	.4

One Year Increase				
County/State	June 2013	June 2014	Increase	Percent Change
St. Mary's	14,124	14,467	343	2.4
Maryland	782,926	788,913	5,987	80.0

Five Year Increase				
County/State	June 2009	June 2014	Increase	Percent Change
St. Mary's	8,972	14,467	5,495	61.2
Maryland	478,023	788,913	310,890	65.0

- **The School Breakfast Program** provides nutritionally balanced breakfasts to children each school day. Children are eligible for free, reduced, or paid breakfasts based on their families' incomes. Any public school, charter or nonprofit private school of high school grade or under, can participate in the National School Breakfast Program. Public or nonprofit private residential child care institutions may also participate in the School Breakfast Program.

**2012-2013 School Year  
Low-Income Student Participation in School Lunch (NSLP) and School Breakfast (SBP)**

County/State	F&RP NSLP Students	F&RP SBP Students	F & RP Students in SBP per 100 in NSLP	Rank in State	Additional Low-Income Students in Breakfast if 70 per 100 in Lunch	Additional Federal Funding if 70 Low-Income Breakfast Students per 100 Receiving Lunch
St. Mary's	1,450	2,261	64.0	11	213	\$ 63,895
Maryland	263,840	149,274	56.6		48,634	\$12,943,493

**2012-2013 Maryland Meals for Achievement Program**

County/State	Total # of Schools in District	# of Schools Eligible for MMFA	% of Schools Eligible for MMFA	# of Schools Participating in MMFA	% of Eligible Schools Participating in MMFA
St. Mary's	27	9	33.0	7	77.8
Maryland	1,437	826	54.8	284	34.0

*\*Does not include non-public schools*

- **The National School Lunch Program** has been serving lunches in schools since 1946. Children can receive lunches for free, at a reduced price or at full price. Any public school, charter or nonprofit private school of high school grade or under, can participate in the National School Lunch Program. Public or nonprofit private residential child care institutions may also participate in the Lunch Program.

<b>School Year 2013-2014 (October 31, 2013)</b>					
<b>County/State</b>	<b>Free</b>	<b>Reduced</b>	<b>Paid</b>	<b>Enrollment</b>	<b>F&amp;R as % of Enrollment</b>
St. Mary's	5,074	795	12,105	17,974	32.7
Maryland	331,613	52,039	484,816	867,468	44.1

<b>School Year 2012-2013 (October 31, 2012)</b>					
<b>County/State</b>	<b>Free</b>	<b>Reduced</b>	<b>Paid</b>	<b>Enrollment</b>	<b>F&amp;R as % of Enrollment</b>
St. Mary's	4,749	819	12,086	17,654	31.5
Maryland	316,012	53,315	491,357	860,684	42.9

- **Women, Infants, and Children (WIC)** is a nutrition program that provides nutritious foods, nutrition education, and access to health care to low-income pregnant women, new mothers, and infants and children. The monthly WIC food package is a combination of foods chosen to improve nutrition for pregnant women, new mothers, and their infants.

**WIC Participation**

<b>County/State</b>	<b>June 2013</b>	<b>June 2014</b>	<b>Percent Change</b>
St. Mary's/Calvert/Charles	6,352	6,168	- 2.9
Maryland	151,965	149,028	- 1.9

*\*Caseload not closed for the month*

- **The Summer Food Service Program** fills the nutrition gap for children (ages 18 and under) who depend on school lunch and breakfast during the school year by providing free, nutritious meals and snacks. The Summer Food Service Program provides reimbursements to summer sites that serve meals and snacks, which must meet federal dietary guidelines and be free of charge to children.

<b>County/State</b>	<b># of Summer Agencies</b>	<b># of Summer Sites</b>	<b>Summer 2013 Participants</b>	<b>School Year 2012-2013 F&amp;RP Lunch Students</b>	<b>F&amp;RP Students in Summer 2013 per 100 in School Year 2012-2013 Lunch</b>	<b>Rank</b>
St. Mary's	1	5	190	3,534	3533.8	18
Maryland	57	1,888	51,627	263,841	19.0	

***If State Reached a Ratio of 40 Children in Summer Nutrition per 100 in School-Year NSLP***

<b>County/State</b>	<b>Total Children Who Would be in July Summer Nutrition</b>	<b>Additional Children Reached</b>	<b>Additional Federal Reimbursement State Would Receive</b>
St. Mary's	1,224	1,034	\$ 91,884
Maryland	111,054	59,427	\$4,376,679

- **At-Risk Afterschool Meal Program** - helps bridge the hunger gap for children who participate in afterschool programs. The At-Risk Afterschool Meal Program provides federal funds to private nonprofit and public organizations (including schools) so they can serve nutritious snacks and meals as part of afterschool programs.

<b>County/State</b>	<b># of Afterschool Agencies</b>	<b># of Afterschool Sites</b>	<b># of Eligible Schools</b>	<b>Children Participating Daily 2012-2013</b>	<b>Total Meals Served 2012-2013</b>
St. Mary's	0	0	6	0	0
Maryland	<b>44</b>	<b>593</b>	<b>673</b>	<b>24008</b>	<b>1978298</b>

*To learn more about these programs and their impact for Maryland, visit our Web site at [www.mdhungersolutions.org](http://www.mdhungersolutions.org).*



# **Maryland Hunger Solutions**

*Ending hunger and promoting well-being*